YOU ARE NOT ALONE







Peer Support

When Life Throws You a Curve

All Calls and Conversations are Confidential.

Contact Your Local HR Department for Assistance

The Teams offer small group and individual support for officers and agencies coping with stressful situations. Many staff prefer a confidential alternative to mental health professionals when dealing with a traumatic event. While the teams do not attempt to replace psychotherapy, we do offer a, "I have walked in your shoes" perspective that many staff relate well to. With team members spread throughout the state, we are available to quickly support any staff in need. It is our sincere hope that our services will prevent staff from turning to negative or dangerous coping methods when they experience a critical incident.

Line of Duty Incidents

- Line of Duty Death of an Officer
- > Suicide of an Officer Family Member
- > Multi-Casualty Incident/Disaster
- > Significant Event Involving Children
- > Knowing the Victim of an Event
- Serious Line of Duty Injury
- Law Enforcement Shooting Incident
- Prolonged Incident with Loss
- > Any Significant Event Involving Law Enforcement
- > Inmate on Staff Violence

"People start to heal the moment they feel heard"